

PENGARUH *FAMILY SOCIAL SUPPORT* TERHADAP *PSYCHOLOGICAL WELL-BEING* PADA KORBAN *CYBERBULLYING*

ABSTRAK

Cyberbullying dapat menyerang siapa saja pada saat ini dan semakin banyak terjadi. korban *cyberbullying* mendapatkan beberapa efek negatif yang membuat kesejahteraan mereka terganggu. *Family social support* dapat membantu para korban untuk memperbaiki kembali kesejahteraan mereka. Kesejahteraan yang membaik ini juga dapat meningkatkan *psychological well-being* mereka. Tujuan penelitian ini ialah mengetahui pengaruh *family social support* terhadap *psychological well-being* pada korban *cyberbullying*. Subjek penelitian ini berjumlah 108 orang yang merupakan korban *cyberbullying*. Penelitian ini menggunakan metode penelitian kuantitatif dengan pendekatan regresi. Teknik sampling yang digunakan ialah *purposive sampling* dengan metode pengambilan data melalui kuesioner menggunakan Google form. Uji hipotesis pada penelitian ini menggunakan uji analisis regresi linier sederhana dimana diketahui bahwa taraf signifikansi ialah 0.000 dengan *R Square* 0,865. Hal tersebut menjelaskan bahwa terdapat pengaruh *family social support* terhadap *psychological well-being* pada korban *cyberbullying*.

Kata Kunci: *family social support, psychological well-being, cyberbullying*

THE EFFECT OF FAMILY SOCIAL SUPPORT ON PSYCHOLOGICAL WELL-BEING IN CYBERBULLYING VICTIMS

ABSTRACT

Cyberbullying can attack anyone nowadays and is happening more and more. Cyberbullying victims experience several negative effects that disrupt their well-being. Family social support can help victims to improve their welfare. This improved welfare can also improve their psychological well-being. The aim of this research is to determine the effect of family social support on psychological well-being in victims of cyberbullying. The subjects of this research were 108 people who were victims of cyberbullying. This research uses quantitative research methods with a regression approach. The sampling technique used was purposive sampling with data collection method through a questionnaire using Google form. Hypothesis testing in this research uses a simple linear regression analysis test where it is known that the significance level is 0.000 with an R Square of 0.865. This explains that there is an influence of family social support on psychological well-being in victims of cyberbullying.

Keywords: *Family Social Support, Psychological Well-Being, Cyberbullying*