

**PENGARUH *FAMILY WORK CONFLICT* DAN STRES KERJA
TERHADAP KINERJA KARYAWAN WANITA PADA DIVISI
OPERATOR JAHIT DI PERUSAHAAN GARMENT XYZ BANDUNG**

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui gambaran serta besaran pengaruh *family work conflict* dan stres kerja terhadap kinerja karyawan pada divisi operator jahit di perusahaan garment XYZ Bandung. Metode yang digunakan pada penelitian ini adalah deskriptif dan verifikatif dengan pendekatan kuantitatif. Populasi pada penelitian ini adalah seluruh karyawan pada divisi operator jahit di perusahaan garment XYZ Bandung yang berjumlah 1.735 karyawan. Teknik *sampling* yang digunakan adalah *purposive sampling* dan diperoleh 268 karyawan wanita yang sesuai dengan kriteria yang ditetapkan. Berdasarkan hasil penelitian diperoleh bahwa *family work conflict* berada pada kriteria rendah, stres kerja berada pada kriteria sedang dan kinerja karyawan berada pada kriteria tinggi. Berdasarkan hasil uji t diperoleh bahwa *family work conflict* berpengaruh negatif karena $t_{hitung} -2,316 < t_{tabel} 1,969$ namun ditinjau berdasarkan kurva berada pada daerah penolakan H_0 terhadap kinerja karyawan wanita pada divisi operator jahit, stres kerja berpengaruh positif karena $t_{hitung} 3,092 > t_{tabel} 1,969$ terhadap kinerja karyawan wanita pada divisi operator jahit, dan berdasarkan uji F diketahui bahwa *family work conflict* dan stres kerja secara simultan berpengaruh karena $F_{hitung} 4,932 > F_{tabel} 3,03$ terhadap kinerja karyawan wanita pada divisi operator jahit.

Kata Kunci: *Family Work Conflict*, Stres Kerja, Kinerja Karyawan Wanita.

**THE INFLUENCE OF FAMILY WORK CONFLICT AND WORK STRESS
ON THE PERFORMANCE OF WOMAN'S EMPLOYEES IN SEWING
OPERATORS DIVISION AT XYZ GARMENT COMPANY IN BANDUNG**

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ABSTRACT

This research aims to determine the description and magnitude of the influence of family work conflict and work stress on employee performance in the sewing operator division at the XYZ Bandung Garment company. The method used in this research is descriptive and verification with a quantitative approach. The population in this study were all employees in the sewing operator division at the XYZ Bandung garment company, totalling 1.735 employees. The sampling technique used was purposive sampling and 268 female employees were obtained who met the specified criteria. Based on the research results, it was found that family work conflict was at low criteria, work stress was at medium criteria and employee performance was at high criteria. Based on the results of the t test, it was found that family work conflict had a negative effect because $t_{count} -2.316 < t_{table} 1.969$ but based on the curve it was in the H_0 rejection area on the performance of female employees in the sewing operator division, work stress had a positive effect because $t_{count} 3.092 > t_{table} 1.969$ on the performance of female employees in the sewing operator division, and based on the F test it is known that family work conflict and work stress simultaneously influence because $F_{count} 4.932 > F_{table} 3.03$ on the performance of female employees in the sewing operator division.